

Terms and Conditions

Payments

Payments for the sessions will be taken on the day of therapy, or within 24 hours of appointment via gocardless.

If you wish to pay for the sessions through a different method, this is required prior to the commencement of the session.

Set up for gocardless. Payment for your appointment will come out as a direct debit a few days after your appointment. The pay reference will appear on your bank statement as Dr J Stuart followed by your unique reference number. Please follow this link and fill out a short form. It takes up to one minute to complete. <https://pay.gocardless.com/AL0000G35CN5TB>

Fees (unless otherwise agreed)

Individual therapy - £150 per hour.

Couples therapy - £150 per hour.

Telephone/Skype/email consultations – charged at the same rate.

Policy for cancellations and missed appointments

Please contact us as soon as possible to let us know if you would like to cancel an appointment. All appointments should be cancelled with 24 hours-notice. Appointments cancelled with less than 24 hours-notice before the appointment, or non-attended appointments, without any prior notice, will be charged at the full price. **Please note: if you are paying through insurance, this will be charged to your insurance company and may reduce the amount of sessions that are available to you.** We will provide you with as much notice as possible if we need to cancel/reschedule one of your appointments.

Insurance policies

If you intend to use private healthcare insurance and your insurance policy does not cover the full cost of each session, you may be responsible for the payment of any fees not covered by your policy. Please check this with your insurance company. Generally, this will involve the payment of your excess fee directly to us to cover particular sessions. We will inform you of any unsettled fees.

Confidentiality

All information discussed within therapy will be treated as confidential, unless we are concerned that either yourself, or someone that you know, is at risk of being harmed. All recorded information will be kept securely and we will ensure the utmost confidentiality in the treatment of any such information. We abide by the boundaries of confidentiality as outlined within the Code of Ethics of the British Psychological Society and the Data Protection Act 1998. Any disclosure to third parties of your information will only occur with the prior informed consent of yourself.

Tape Recording

It is a requirement of particular professional bodies that psychologists tape record some sessions for discussion during supervision. The associate will ask you if they wish to record a particular session. If a session is recorded, then it would be deleted as soon as it has been discussed. If this is something you would prefer not to take place please let us know.